

CHAMPIONS ARE MADE IN THE SUMMER!

Pat Quirk (Assistant Coach Hinsdale Central)

- NCAA Finalist Illinois
- 2 X NCAA All-American Illinois
- 2 X Finalist Hinsdale Central

James Leavell (Assistant Coach Hinsdale Central)

- 2X Indiana State Champion
- High School National Champion
- Cadet National Camp
- Purdue Team Member 1995-2000

Jeff Tolbert (Assistant Coach Hinsdale Central)

- Captain - Purdue Wrestling Team 1982
- NCAA Qualifier - Purdue 1982
- IKWF Coach 25 years

Hinsdale Central Wrestlers will be counselors!

13WW SENIORS (2010-2011)



Jason Hayes (Head Coach Hinsdale Central)

- Hinsdale Central Head Coach 2009-Current
- Northern Illinois University Asst. Coach 2001-2005
- Coached 4 NCAA All Americans and 10 MAC Champions
- Captain - Purdue Wrestling Team 1999
- NCAA Qualifier - Purdue 1998
- State Champions; State Runner -Up 1994

CAMP PHILOSOPHY

Hinsdale Wrestling Camps are designed to provide each camp attendee with the essential skills to reach their goals. We will focus on various techniques addressing all facets of wrestling while incorporating intense drilling and live wrestling. Camp staff will also teach importance of an effective mental approach to workouts and match strategy (beginners-experienced).

EQUIPMENT

Each camper should wear comfortable work-out clothing (T-shirt, shorts, shoes etc.) for each camp session.

Campers will receive a t-shirt at the camp.

ELIGIBILITY

Any wrestler in grades K – 8.

COST PER SESSION

\$80 a wrestler all registrations are online

To accomplish great things, we must not only act, but also dream; not only plan, but also believe.

Hinsdale Central Wrestling Online Registration Form

<http://www.athletics2000.com/hinsdalecentral/registration/>

Online \$80

Sessions:

June 20 - 23

June 27 - 30

K-5 Grade 10:00 AM -1130 AM

6 -8 Grade 11:30AM-1:00PM



David Lutz (Honorable Mention All State and Captain, 2010) and Jack Allen (Hinsdale Central's 1st STATE CHAMPION, 2011) both attended Hinsdale Central Wrestling Camps!

2011 Hinsdale Central Wrestling Camps

Sessions: June 20-23

June 27- 30

Times: K-5 Grade 10:00 AM -11:30AM

6-8 Grade 11:30AM-1:00PM

Location: Hinsdale Central Wrestling Room



For More Information:

**Contact Jason Hayes
(Head Wrestling Coach Hinsdale Central)**

**Phone: (815)762-1568
jhayes@hinsdale86.org**

Registration Online:

<http://www.athletics2000.com/hinsdalecentral/registration/>

**Hinsdale Central
55th and Grant Streets
Hinsdale, IL 60521**

