

January 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2009

March 2009						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2009 Spring Wrestling

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18 Hinsdale Central Night 6:30pm	19 Open Mats 3:00pm-4:15pm	20	21 Open Mats 3:00pm-4:15pm	22	23	24
25 Memorial Day No School!	26 Open Mats 3:00pm-4:15pm SENIOR FINALS	27 SENIOR FINALS	28 Open Mats 3:00pm-4:15pm SENIOR FINALS	29	30	31

June 2009 HC Summer Wrestling

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>1</p> <p>Own your on Champions are made in the summer!!!</p> <p>Good Luck on Finals!</p>	<p>2</p> <p>Own your on Champions are made in the summer!!!</p> <p>FINALS</p>	<p>3</p> <p>Own your on Champions are made in the summer!!!</p> <p>FINALS</p>	<p>4</p> <p>Own your on Champions are made in the summer!!!</p> <p>FINALS</p>	<p>5</p>	<p>6</p>	<p>7</p> <p>Champions are made in the summer!!!</p>
<p>8</p> <p>Summer Wrestling 7:00pm-8:30pm</p>	<p>9</p> <p>Summer Wrestling 7:00pm-8:30pm</p>	<p>10</p> <p>Summer Wrestling 7:00pm-8:30pm</p>	<p>11</p> <p>Summer Wrestling 7:00pm-8:30pm</p>	<p>12</p>	<p>13</p>	<p>14</p> <p>Leave for Illinois camp! Bus Leaves 4pm</p>
<p>15</p> <p>Illinois Camp All Day</p>	<p>16</p> <p>Illinois Camp All Day</p>	<p>17</p> <p>Illinois Camp All Day</p>	<p>18</p> <p>Illinois Camp All Day Bus Returns</p>	<p>19</p>	<p>20</p>	<p>21</p> <p>Champions are made in the summer!!!</p>
<p>22</p> <p>Summer Wrestling 7:00pm-8:30pm</p>	<p>23</p> <p>Summer Wrestling 7:00pm-8:30pm</p> <p>@ Leyden</p>	<p>24</p> <p>Summer Wrestling 7:00pm-8:30pm</p>	<p>25</p> <p>Summer Wrestling 7:00pm-8:30pm</p>	<p>26</p>	<p>27</p>	<p>28</p> <p>Champions are made in the summer!!!</p>
<p>29</p> <p>Own your on Champions are made in the summer!!!</p>	<p>30</p> <p>Own your on Champions are made in the summer!!!</p>					

July 2009 HC Summer Wrestling

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
				1 Own your on Champions are made in the summer!!!		2 Own your on Champions are made in the summer!!!		3 Own your on Champions are made in the summer!!!		4 Happy 4 th of July!!!		5 Champions are made in the summer!!!	
6 Summer Wrestling 7:00pm-8:30pm <i>NIU Camp (Hayes)</i>		7 Summer Wrestling 7:00pm-8:30pm @ York <i>NIU Camp (Hayes)</i>		8 Summer Wrestling 7:00pm-8:30pm <i>NIU Camp (Hayes)</i>		9 Summer Wrestling 7:00pm-8:30pm <i>NIU Camp (Hayes)</i>		10		11		12 Champions are made in the summer!!!	
13 Summer Wrestling 7:00pm-8:30pm <i>NIU Camp (Hayes)</i>		14 Summer Wrestling 7:00pm-8:30pm @ Hinsdale Central <i>NIU Camp (Hayes)</i>		15 Summer Wrestling 7:00pm-8:30pm <i>NIU Camp (Hayes)</i>		16 Summer Wrestling 7:00pm-8:30pm <i>NIU Camp (Hayes)</i>		17		18 North Central Team Invite.		19 Champions are made in the summer!!!	
20 Summer Wrestling 7:00pm-8:30pm		21 Summer Wrestling 7:00pm-8:30pm @ Morton East		22 Summer Wrestling 7:00pm-8:30pm		23 Summer Wrestling 7:00pm-8:30pm		24		25		26 Champions are made in the summer!!!	
27		28		29		30		31					

August 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5	6
7 Labor Day Holiday (no school) On your own	8 Open Mats 3:15-4:30pm Senior Family Night 7pm	9 Open Run/Lift 3:15-4:30pm	10 Open Mats 3:15-4:30pm	11 On your own	12 On your own ACT Testing	13 OFF
14 Open Run/Lift 3:15-4:30pm	15 Open Mats 3:15-4:30pm	16 Open Run/Lift 3:15-4:30pm OPRF wrestling 6:15pm	17 Open Mats 3:15-4:30pm	18 On your own	19 On your own	20 OFF
21 Open Run/Lift 3:15-4:30pm	22 Open Mats 3:15-4:30pm	23 Open Run/Lift 3:15-4:30pm OPRF wrestling 6:15pm Late Start 10am	24 Open Mats 3:15-4:30pm	25 On your own	26 On your own	27 OFF
28 Open Run/Lift 3:15-4:30pm	29 Open Mats 3:15-4:30pm ICEPT Test	30 Open Run/Lift 3:15-4:30pm OPRF wrestling 6:15pm				

October 2009

October 2009						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Open Mats 3:15-4:30pm	2 On your own	3 On your own	4 OFF
5 Run/Lift 3:15-4:30pm	6 Open Mats 3:15-4:30pm	7 Run/Lift 3:15-4:30pm OPRF wrestling 6:15pm	8 Open Mats 3:15-4:30pm	9 On your own	10 On your own Homecoming Football, Parade, Dance	11 OFF
12 On your own Columbus Day No School	13 Open Mats 3:15-4:30pm	14 Run/Lift 3:15-4:30pm PSAT Testing OPRF wrestling 6:15pm	15 Open Mats 3:15-4:30pm PLAN Test	16 On your own	17 On your own	18 OFF
19 Run/Lift 3:15-4:30pm	20 Open Mats 3:15-4:30pm	21 Run/Lift 3:15-4:30pm OPRF wrestling 6:15pm	22 Open Mats 3:15-4:30pm	23 On your own	24 On your own ACT Testing	25 OFF
26 Run/Lift 3:15-4:30pm	27 Open Mats 3:15-4:30pm	28 Run/Lift 3:15-4:30pm OPRF wrestling 6:15pm Late Start 10am	29 Open Mats 3:15-4:30pm	30 On your own	31 On your own	

November 2009

November 2009						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 OFF
2 Run/Lift 3:15-4:30pm	3 Open Mats 3:15-4:30pm	4 Run/Lift 3:15-4:30pm	5 Open Mats 3:15-4:30pm	6 On your own	7 SAT Testing	8 OFF
9 Season Starts Practice 3:15pm	10 Practice 3:15	11 Practice 3:15	12 Practice 3:15	13 Practice 3:15	14 Practice 9am	15 OFF
16 Practice 3:15	17 Practice 3:15	18 Practice 3:15	19 Practice 3:15	20 Practice 3:15 Red/White Meet Parent Meeting 6pm	21 Practice 9am	22 OFF
23 Practice 3:15	24 Practice 11:45am Half day 11:30am Parent /Teacher 1-4pm & 6-9pm	25 Practice 11:45am Half day 11:30am Head Injury Assessments	26 Thanksgiving No Practice	27 Practice 9am	28 V- Mundelein 9am JV1-Hinsdale S 9am F- Invite Home 9am	29 OFF
30 Practice 3:15pm						

December 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Practice 3:15pm	2 Practice 3:15pm Late start 10am	3 Practice 3:15pm	4 All Levels HOME Glenbard West 6pm	5 V-@Riverside Brookfield 9am JV/Soph- Home 9am F-@ Palatine 9am	6 OFF
7 Practice 3:15pm	8 Practice 3:15pm	9 Practice 3:15pm	10 All Levels AWAY Lockport 6pm	11 All Levels HOME York 6pm	12 V-@DGS Invite 9am JV- @Main South 9am F- @Sandburg 9am	13 OFF
14 Practice 3:15pm	15 Practice 3:15pm	16 Practice 3:15pm	17 All Levels AWAY Downers Grove North 6pm	18 Rex Whitlach 4:30pm	19 Rex Whitlach 9:30am	20 OFF
21 Practice 9am Practice 2pm	22 Practice 9am Practice 2pm	23 Practice 9am	24 Christmas Eve Off SANTA WANTS YOU TO REACH YOUR GOALS!!!	25 Christmas Day Off SANTA WANTS YOU TO REACH YOUR GOALS!!!	26 Practice Varsity 6pm Running shoes and Wrestling Shoes	27 OFF
28 Berman Classic 9:30am	29 Berman Classic 9:30am	30 NO PRACTICE AT SCHOOL OWN ON!!! GOALS!!!	31 NO PRACTICE AT SCHOOL OWN ON!!! GOALS!!!			